

Raw Organic Plants for: Scrubs, Oil Infusions, Hydrosols, Salves and Skincare

- ▼ Aloe Vera (Aloe barbadensis leaf): Treats blemishes, acne and other skin problems, softens dead skin cells leaving the skin feeling soft and smooth upon regular use, delays visible signs of aging like fine lines and appearance of wrinkles, relieves itchy skin. Works as both a skin healer and anti-inflammatory agent. Contains antioxidant vitamins A, C and E plus vitamin B12, folic acid and choline.
- **α** Arabica Coffee (Coffea arabica): high in fatty acids, leaving skin soft and smooth, Caffeine nourishes and tones skin, helping it remain smooth and young looking
- **Q** Arrowroot Powder (Maranta arundinacea powder): this plant powder acts as a thickener & binder as well as a moisturizer which helps penetrate the skin. When added to dusting/deodorant powders, it provides excellent "absorbing" properties.
- ♥ Bee Balm (Monarda): is the male seed of a flower blossom which has been gathered by the bees and mixed with the honeybees own digestive enzymes. Can be used as an antiseptic and antibacterial, ointment for use as a pain reliever and to speed the healing of minor wounds, insect bites/stings, eczema, psoriasis, cold sores, and acne. Contains more than 93 different nutrients, including vitamins A, B, C, D, E and K, plus iron, magnesium, potassium, copper, zinc, and many more minerals and amino acids that are good for the body and the skin
- **@ Bee Pollen Powder (Apis mellifera):** Helps keep your skin looking younger and glowing. It stimulates blood supply to all skin cells, helps detoxify the body, reduces the appearance of wrinkles and speeds up the healing process.
- **©** Beeswax: (Cera alba): Known mostly for its conditioning properties, beeswax also helps to calm and soothe. Another amazing ingredient made by bees, beeswax helps soften and soothe skin. Helps to keep needed moisture in the skin, promotes new cell growth and protects the skin.
- **©** Beet Powder (Beta Vulgaris Root Powder): In natural cosmetics, beet root powder is used to provide the skin with an abundance of nutrients, including beta carotene, vitamin B5, vitamin B1, vitamin C, glycine, magnesium, phosphorous, potassium, selenium, tryptophan, tyrosine, and zinc.
- ▼ Calendula (Calendula officinalis): A garden plant in the daisy family has anti-inflammatory, anti-bacterial and anti-viral properties. Also used to treat eczema. Calendula is known for its amazing healing properties. The phytochemicals in these flowers opposes fungi, bacteria, viruses and inflammation. It is good for treating skin problems of all kinds, especially cuts, scrapes, bruises and minor wounds.
- **©** Caraway Seeds (Carum carvi): Used to reduce the formation of wrinkles and clear the ageing spots on the skin and promotes skin health and makes your skin look young and fresh.
- **▼ Chamomile (Matricaria chamomilla):** Helps relieve symptoms of eczema, known to calm red, dry, and irritated skin, natural antioxidant, natural antiseptic and has antimicrobial properties
- **♦** Cocoa Butter (Theobroma cacao seed butter): Prevents Skin Dryness and Peeling, Heals Chapped Lips, Fights Signs of Aging, Soothes Burns, Rashes and Infections
- **▼** Comfrey (Symphytum): commonly used for helping heal wounds, preventing scars, and treating existing ones, along with decreasing dryness and flaking of skin. The oil appears to work as an anti-inflammatory, an analgesic, and an aide in the healing of sprains and broken bones.
- **Cornflower (Centaurea cyanus):** used to aid in relieving eczema and abrasions, relieves irritation, fatigue, making the skin softer and smoothing eye wrinkles.

- **©** Cornstarch (Zea mays): Soother for irritations of the skin, including sunburn and skin allergies. Absorbing power makes it an extraordinary for deodorizing, absorbing excess oils and moisture. Treats diaper rash and heat rashes on the underarms and breasts. This white powder is extracted from the root of the arrowroot plant. It has a very similar texture and absorbency properties, yet is never made from GMO crops like some cornstarches.
- **♥ Dried Lavender (Lavandula):** Is a Soothing Treatment of Acne, Eczema, Wrinkles and an excellent Toner and Calms itchy skin, an anti-aging wonder.
- ღ Emulsifying Wax NF (Cetearyl Alcohol (and) Polysorbate 60): natural and vegetable based fatty acids, Used to create a stable emulsion, also a skin conditioner as it holds a high percentage of fatty acids
- <u>v</u> Eucalyptus Leaf: (Eucalyptus globulus leaf): contains substances that have expectorant, antibacterial and antiseptic properties. Relaxes Sore Muscles, has antiseptic and healing properties for the treatment of minor wounds, acne, and insect bites
- **☆** Green Tea (Camellia sinensis): Tannins act as an astringent which shrink pores. Helps to reduce the production of sebum (the skin's natural oil) by the glands in each pore. The tea's antimicrobial, anti-inflammatory, antioxidant, and astringent properties all help to fight both acne and blackheads when applied topically. The antioxidant properties help to reactivate cells and fight against damaged skin.
- **© Ground Cloves (Syzygium aromaticum):** Treats And Removes Acne, Treats Blemishes And Scars, Antioxidant Properties, Treats Rashes, Cuts And Wounds
- ღ Ginger (Zingiber officinale): Can increase skin's radiance and decrease inflammation that may contribute to conditions such as psoriasis and acne. Ginger is an antioxidant, which means it inhibits harmful free radicals that cause skin damage and aging.
- ღ Hibiscus Powder (Hibiscus sabdariffa flowers): very anti-inflammatory as well as skin toning, can also be used as a natural colorant
- ♥ Hollyhock (Alcea Rosea): The extract of this plant is known to hydrate the skin, lock in the moisture and keep the skin supple and soft. The non-greasy emollient is known for its softening and smoothening properties, making it a welcome home remedy for dry skin. The extract is also known to give the skin added pliability and elasticity, keeping it young and radiant.
- **Raw Honey (honey, Mel):** Antimicrobial, antioxidant, moisturizes. Honey is said to lighten skin, and its anti-inflammatory and antibacterial compounds help to decrease the appearances of scars and increase healing and tissue regeneration.
- **Q Jasmine Flowers (Jasminum sp.):** used by herbalists to treat skin inflammation as they seem to assist with both pain, and irritation.
- ღ Lemon (Citrus limon) and Orange (Citrus Sinensis) juice and zest: Very cleansing and decongestant. Is refreshing and purifying to the skin, and is extremely active on an oily skin condition. Has anti-inflammatory and anti-bacterial properties, has a freshening appeal.
- ▶ Lemon Balm (Melissa officinalis): Strong anti-inflammatory and antibacterial action. Lemon balm is classified as being calming, soothing, healing and tightening on the skin, whilst also stimulating circulation. It is thought to be great for acne and sunburned skin. It's filled with caffeic and ferulic acid, both powerful antioxidants that can fight against sun damage and keep your skin looking and feeling its best.
- ▼ Marshmallow Root Althea Root (Althea Offinalis Root): A phenomenal anti-ager, root is a natural skincare wonder. With a high percentage of mucilage, which has intensive hydrating, softening, and balancing properties. Regular use of MRE will help increase skin's overall radiance, reduce fine lines, and help achieve a more even-toned complexion. This herb contains germ-fighting and inflammation-relieving phyto-chemicals.
- ♥ Mint Leaves (Mentha × piperita): Anti-inflammatory, moisturizes and calms dry itchy skin
- ▼ Nettles (Urtica dioica): Anti-inflammatory, astringent, bactericidal, healing, mildly deodorant and stimulating. It is high in phenols, which give nettle powerful antioxidant properties and help keep the free radicals under control when used in skincare.
- **Organic Citric Acid (Citric Acid):** is derived from 100% pure anhydrous citric acid from sugar cane, a very useful and effective preservative, obtained from naturally occurring organic acids.
- ღ Poppy Seed (Papaver somniferum seed): Especially products for mature, dry, barrier damaged and sensitive skin: Acts as a good moisturizer, Linolenic acid present in poppy seeds is very useful in treating eczema. Helps in treating burning sensation and itchiness in the skin.
- **№ Pumpkin (Cucurbita pepo):** Packed with fruit enzymes and alpha-hydroxy acids (AHAs), which increase cell turnover, to brighten and smooth the skin. Pumpkin helps soften and soothe the skin and boost collagen production to prevent the signs of aging.

- **▼ Red Rose Petals (R damascena):** Contain tons of Vitamin C, which boosts collagen production and strengthens skin cells and tissue. This enables blemishes and acne scars to heal faster and helps heal sun-damaged spots. Known to be a natural anti-inflammatory agent. They relax the body, reduce stress, promote glowing skin and lock moisture into dry skin cells.
- ♥ Pink Rose Petals (Rosa Bridal Pink): Contain tons of Vitamin C, which boosts collagen production and strengthens skin cells and tissue. This enables blemishes and acne scars to heal faster and helps heal sun-damaged spots. Known to be a natural anti-inflammatory agent. They relax the body, reduce stress, promote glowing skin and lock moisture into dry skin cells.
- **▼ Rosemary (Rosmarinus officinalis):** Kills bacteria, fungi and viruses on the skin, which make it ideal for using on minor wounds and burns, or on problem skin that's affected by dermatitis, acne, eczema or psoriasis. Rosemary has been shown to improve the youthful quality of the skin, while also healing blemishes and increasing the natural shine and hydrated appearance of your body's largest organ.
- **Shea Butter (Butyrospermum Parkii):** Repairing wrinkles, fine lines and scars, Antioxidant, Anti-inflammatory, Deeply moisturizing, Stimulating for the superficial microcirculation, Skin strengthening, Skin protecting, UV protecting, Skin Strengthening and regenerating. Collagen production stimulating (makes the skin stronger, more supple and younger), Minor cuts and burns healing. It is great for minor cuts and cracks in the skin.
- **© Spinach Powder (Spinacia oleracea L.):** effective remedy in treating acne breakouts, protects from UV Rays, Delays the Signs of Ageing, Enhances Complexion, repair of damaged skin cells
- ▼ St. John's Wort (Hypericum perforatum): Full of powerful flavonoids, it helps protect and soothe. Whether you have oily or dry skin, this herb helps your skin look smoother and healthier.
- ♥ Strawberries (Fragaria × ananassa): Slows Aging, Improves Skin Complexion, Skin lightening, Cures Acne (their acidic nature helps remove excess sebum, one of the key causes of acne), Exfoliates Skin, UV skin protection
- **▼ Thyme (Thymus vulgaris):** can calm, even skin tone and help with oily skin and acne.
- **Turmeric (Curcuma longa):** Anti-Bacterial Agent, Anti-Aging, Improves Skin's Elasticity, Lightens Pigmentation, Controls Oily Skin, Lightens Stretch Marks, Cures Acne, Heals Cracked Heels
- **White Sage (Salvia officinalis):** used in skin care for oily skin types, combats acne or oily prone skin. The antioxidants of sage combats free radicals, thereby easing the wrinkles, fine lines, and other ageing signs.
- witch Hazel (Hamamelis Virginiana): natural astringent can help control it by reducing inflammation, and decreasing oil and redness. It can lessen bacteria growth on the skin while speeding up the healing of scars, scabs, and infection. If you have oily skin, it will help to balance the skin's pH level and moisturize without leaving your skin feeling greasy.

Organic Carrier Oils for Scrubs, Infusions and Massage oils

- ღ Almond Oil: (Prunus Amygdalus Dulcis Oil): Antioxidant: can repair sun damage on your skin. Is mild and has hypoallergenic properties which makes it great for sensitive skin too. Keeps skin soft and supple for longer. Repair early signs of aging.
- **Q Avocado Oil (Persea Gratissima Oil):** The antioxidants and anti-inflammatory agents in avocado oil help your skin stay smooth, strong, and elastic. Also helps to: calm itchy skin, heal chapped skin, replenish dry skin, hydrate and moisturize skin, shield skin from UV rays, and protect against skin damage
- **Coconut Oil (Cocos nucifera)**: Clears Skin, Softens skin, Fights Infection. contains medium chain fatty acids which provide energy your skin needs to heal itself as well as anti-inflammatory and anti-itching properties. Also contains polyphenols. which help with weather and damaged skin, while providing softening and moisturizing qualities.
- **♠** Extra Virgin Olive Oil (Olea europaea L.): A powerful ingredient of anti-aging skin care products; rich in antioxidants, it prevents skin aging, the appearance of wrinkles and fine lines; it also nourishes, rejuvenates and protects the skin. Rich in vitamin E & A, helps prolong youth, hydrates the skin, maintains its elasticity & softness. Also helps skin cells to regenerate.
- ღGrapeseed Oil (Vitis vinifera seed oil): Restoration of Collagen, Skin Balancing, Prevention of Acne and Aging, Wrinkle and Scar Reduction This lightweight oil is rich in essential fatty acids (especially linoleic), antioxidants and vitamin E and is a superb all-over skin moisturizer and conditioner.
- ღ Sunflower Oil (Helianthus Annuus Seed Oil): Helps to create a protective layer that prevents bacteria from making direct contact with your skin thus it prevents acne. An antioxidant, sunflower oil has anti-inflammatory properties and omega-6 fatty acids as well.
- ♠ Macadamia Nut Oil (Macadamia Ternifolia Seed Oil): Emollient, rejuvenating, easily absorbed. Excellent for anti-aging and anti-wrinkle blends due to high content of palmitic acid which slows the aging process. Also rich in Oleic acid which assists with skin cell regeneration and is softening, smoothing and moisturizing.

Rosehip Seed Oil (Rosa rubiginosa-Rosa canina): Anti aging, nourishes, hydrates and visibly reduces fine lines, scars, stretch marks and skin pigmentations – Suitable for all skin types

Safflower Oil (Carthamus Tinctorius Seed Oil): Safflower oil helps the skin to retain water and moisture and linoleic acid, an omega-6 that is packed with essential vitamins. Safflower oil prevents dryness, roughness and removes dirt and oil. Its vitamin content makes safflower oil a key treatment for issues including eczema, psoriasis and acne. Its hydrating properties lend skin a healthy glow, promote elasticity and reduce the appearance of wrinkles.

ღVitamin E Oil: (Tocopherols, tocotrienols): Works to block free radicals from the body, reduce wrinkles and keep the skin youthful-looking.

Organic Infused Oils:

Calendula Olive Oil (Calendula officinalis infused in Olea europaea): Mild and soothing, great for dry or chapped skin, has antiseptic, antifungal, anti-inflammatory, and antibacterial properties. Calendula acts as a natural anti-inflammatory, has antibacterial and antiviral properties. Olive Oil is rich in antioxidants, prevents skin aging, the appearance of fine lines and wrinkles. Also, nourishes, rejuvenates and protects the skin. It is rich in vitamin E & A, helps prolong youth, hydrates the skin, maintains elasticity and softness and even helps skin cells regenerate.

♥ Adoring your Harmony Signature Infusion: Calendula, Lemon Balm, Marshmallow Root infused Olive Oil (Calendula officinalis, Melissa officinalis, and Althea Offinalis Root infused in Olea europaea): Calendula acts as a natural anti-inflammatory, has antibacterial and antiviral properties. Mild and soothing, great for dry or chapped skin, has antiseptic, antifungal, anti-inflammatory, and antibacterial properties. Lemon Balm has strong anti-inflammatory and antibacterial action. Lemon balm is classified as being calming, soothing, healing and tightening on the skin, whilst also stimulating circulation. It is thought to be great for acne and sunburned skin. Marshmallow Root is a phenomenal anti-ager, root is a natural skincare wonder. With a high percentage of mucilage, which has intensive hydrating, softening, and balancing properties. Regular use of MRE will help increase skin's overall radiance, reduce fine lines, and help achieve a more even-toned complexion. Olive Oil is rich in antioxidants, prevents skin aging, the appearance of fine lines and wrinkles. Also, nourishes, rejuvenates and protects the skin. It is rich in vitamin E & A, helps prolong youth, hydrates the skin, maintains elasticity and softness and even helps skin cells regenerate.

♥© Run It Through The Garden Signature Infusion: Rose, Chamomile, Marshmallow Root, Rosemary Infused Extra Virgin Olive Oil (R damascenca, Matricaria chamomilla, Althea Offinalis Root, Rosmarinus officinalis infused in Olea europaea):

Red Rose Petals contain tons of Vitamin C, which boosts collagen production and strengthens skin cells and tissue. This enables blemishes and acne scars to heal faster and helps heal sun-damaged spots. Known to be a natural anti-inflammatory agent. They relax the body, reduce stress, promote glowing skin and lock moisture into dry skin cells. Chamomile helps to relieve symptoms of eczema, is known to calm dry and irritated skin, and are an antioxidant. Marshmallow Root is a phenomenal anti-ager, and is a natural skincare wonder. With a high percentage of mucilage, which has intensive hydrating, softening, and balancing properties. Regular use of MRE will help increase skin's overall radiance, reduce fine lines, and help achieve a more even-toned complexion. Rosemary kills bacteria, fungi and viruses on the skin, which make it ideal for using on minor wounds and burns, or on problem skin that's affected by dermatitis, acne, eczema or psoriasis. Rosemary has been shown to improve the youthful quality of the skin, while also healing blemishes and increasing the natural shine and hydration. Olive Oil is rich in antioxidants, prevents skin aging, the appearance of fine lines and wrinkles. Also, nourishes, rejuvenates and protects the skin. It is rich in vitamin E & A, helps prolong youth, hydrates the skin, maintains elasticity and softness and even helps skin cells regenerate.

♥ Lake House Signature Infusion: Mint and Lavender Infused Safflower Oil (Mentha × piperita and Lavendula infused in Carthamus Tinctorius Seed Oil):

Mint Leaves are an anti-inflammatory, moisturizes and calms dry itchy skin. Lavender is a Soothing Treatment of Acne, Eczema, Wrinkles and an excellent Toner and Calms itchy skin, an anti-aging wonder. Safflower oil contains lubricant properties that prompt the skin to retain water and moisture and linoleic acid, an omega-6 that is packed with essential vitamins. Safflower oil prevents dryness and roughness and removes dirt and oil. Its vitamin content makes safflower oil a key treatment for issues including eczema, psoriasis and acne. Its hydrating properties lend skin a healthy glow, promote elasticity and reduce the appearance of wrinkles.

♥♥ Uplifting Joy Signature Infusion: Honey, Lemon Zest And Orange Zest Infused Safflower Oil (honey, Mel, Lemon (Citrus limon) and Orange (Citrus Sinensis) zest infused in Carthamus Tinctorius Seed Oil):

Raw Honey is Antimicrobial, antioxidant, and moisturizes. Honey is said to lighten skin, and its anti-inflammatory and antibacterial compounds help to decrease the appearances of scars and increase healing and tissue regeneration. Lemon and Orange zests are very cleansing and decongestant. Is refreshing and purifying to the skin, and is extremely active on an oily skin condition. Has anti-inflammatory and anti-bacterial properties, has a freshening appeal. Safflower oil prevents dryness and roughness and removes dirt and oil. Its vitamin content makes safflower oil a key treatment for issues including eczema, psoriasis and acne. Its hydrating properties lend skin a healthy glow, promote elasticity and reduce the appearance of wrinkles.

- ♥calendula Sunflower Oil (Calendula officinalis infused in Helianthus annuus oil): Calendula acts as a natural anti-inflammatory, has antibacterial and antiviral properties. Sunflower Oil creates a protective layer that prevents bacteria from making direct contact with your skin thus it prevents acne. An antioxidant, sunflower oil has anti-inflammatory properties and omega-6 fatty acids as well.
- ♥ Pain Relief Infusion: St. John's Wort, Ground Cloves, Turmeric, and Ground Ginger infused in Grapeseed Oil (Hypericum perforatum, Syzygium aromaticum, Curcuma longa, and Zingiber officinale infused in Vitis vinifera seed oil): St John's Wort has anti-inflammatory and anti-viral properties, has outstanding nerve pain relieving qualities and is perfect for diabetic nerve pain in feet or legs or Fibromyalgia issues. Clove essential oil is used as a topical analgesic due to the constituent eugenol. Turmeric is renowned for helping relieve irritation, inflammation, muscular aches and pains and itching associated with neuropathy, which can manifest as numbness, tingling or pain in hands or feet. Ginger gives a slight warming sensation that can help relax and loosen muscles. It also has been shown to reduce inflammation and the pain associated with it.
- Coffee infused Sweet Almond Oil (Coffee arabica infused in Prunus dulcis): Caffeine, when applied topically to the skin, improves circulation and plumps the skin, which, in turn helps to diminish the appearance of dark circles under the eyes. It also works to lessen puffiness, so on those mornings when you wake up with puffy eyes and dark circles
- ♥♥ Grace and Prescence Signature Infusion: Rose & Chamomile infused Grapeseed Oil (R damascenca & Matricaria chamomilla infused Vitis vinifera seed oil): Red Rose Petals contain tons of Vitamin C, which boosts collagen production and strengthens skin cells and tissue. This enables blemishes and acne scars to heal faster and helps heal sun-damaged spots. Known to be a natural anti-inflammatory agent. They relax the body, reduce stress, promote glowing skin and lock moisture into dry skin cells. Chamomile helps to relieve symptoms of eczema, is known to calm dry and irritated skin, and are an antioxidant. Grapeseed oil is known to help restore collagen, aids in skin balancing, helps to prevent acne, aging, wrinkle and scar reduction.
- Romance and Luxury Signature Infusion: Rose, Lavender, Calendula & Chamomile infused Sunflower Oil (R gallica, Lavendula & Matricaria chamomilla infused Helianthus annuus oil): Red Rose Petals contain tons of Vitamin C, which boosts collagen production and strengthens skin cells and tissue. This enables blemishes and acne scars to heal faster and helps heal sun-damaged spots. Known to be a natural anti-inflammatory agent. They relax the body, reduce stress, promote glowing skin and lock moisture into dry skin cells. Chamomile helps to relieve symptoms of eczema and is known to calm dry and irritated skin. Also, they are an antioxidant, natural antiseptic and even have antimicrobial properties. Lavender has antiseptic, skin healing properties. It is soothing, nurturing and helps to calm, tone and revitalize the skin. Sunflower Oil Creates a protective layer that prevents bacteria from making direct contact with your skin thus it prevents acne. An antioxidant, sunflower oil has anti-inflammatory properties and omega-6 fatty acids as well.
- **Your Sheep Signature Infusion: Rose, Lemon Balm & Chamomile infused Sunflower Oil (R gallica, Lavendula, Melissa officinalis & Matricaria chamomilla infused Helianthus annuus oil):** Red Rose Petals contain tons of Vitamin C, which boosts collagen production and strengthens skin cells and tissue. This enables blemishes and acne scars to heal faster and helps heal sun-damaged spots. Known to be a natural anti-inflammatory agent. They relax the body, reduce stress, promote glowing skin and lock moisture into dry skin cells. Chamomile helps to relieve symptoms of eczema and is known to calm dry and irritated skin. Also, they are an antioxidant, natural antiseptic and even have antimicrobial properties. With strong anti-inflammatory and antibacterial action, Lemon balm is classified as being calming, soothing, healing and tightening on the skin, whilst also stimulating circulation. It is thought to be great for acne and sunburned skin. Sunflower Oil Creates a protective layer that prevents bacteria from making direct contact with your skin thus it prevents acne. An antioxidant, sunflower oil has anti-inflammatory properties and omega-6 fatty acids as well.

- Thyme infused Sunflower Oil (Thymus vulgaris infused Helianthus annuus oil): Anti-aging and Effective at treating blemishes caused by acne bacterium. Thyme is more effective for treating acne caused by an acne bacterium than standard creams containing benzoyl peroxide without the irritating side effects. Has an antiseptic and antifungal property that cleanses, heals and soothes inflamed skin. Thyme is often used for deep cleansing. Sunflower Oil Creates a protective layer that prevents bacteria from making direct contact with your skin thus it prevents acne. An antioxidant, sunflower oil has anti-inflammatory properties and omega-6 fatty acids as well.
- **▼**ღ Nettles Infused Grape Seed Oil (Urtica dioica infused with Vitis vinifera seed oil): A soothing, restorative oil, grapeseed good for any type of skin and is used to help preserve skin freshness, protect skin from over drying, suninduced wrinkles & sun caused aging. Nettles naturally calms and soothes inflammation, has protective antioxidants, helps to reduce free radical damage to the skin. It helps combat irritations, redness, itching, improves skin conditions in sensitive areas. Topically, nettle can also be used as an anti-inflammatory for red and irritated skin, also for painful and itchy rashes, chicken pox and burns.
- Ve Naturally Serene Signature Infusion: Rose and Lavender Infused Safflower Oil (R damascena and Lavandula infused Carthamus Tinctorius Oil): Red Rose Petals contain tons of Vitamin C, which boosts collagen production and strengthens skin cells and tissue. This enables blemishes and acne scars to heal faster and helps heal sun-damaged spots. Known to be a natural anti-inflammatory agent. They relax the body, reduce stress, promote glowing skin and lock moisture into dry skin cells. Lavender has antiseptic, skin healing properties. It is soothing, nurturing and helps to calm, tone and revitalize the skin. Safflower Oil Prevents dryness/roughness and is great for eczema, psoriasis and acne.
- **∀** Harmonious Bounty Signature Infusion: Lavender and Chamomile Infused Extra Virgin Olive Oil (Lavendula and & Matricaria chamomilla infused Olea europaea): Lavender has antiseptic, skin healing properties. It is soothing, nurturing and helps to calm, tone and revitalize the skin. Chamomile helps to relieve symptoms of eczema, is known to calm dry and irritated skin, and are an antioxidant. Olive Oil is rich in antioxidants, prevents skin aging, the appearance of fine lines and wrinkles. Also, nourishes, rejuvenates and protects the skin. It is rich in vitamin E & A, helps prolong youth, hydrates the skin, maintains elasticity and softness and even helps skin cells regenerate.
- **♥©** Rose and Chamomile Infused Extra Virgin Olive Oil (R damascenca & Matricaria chamomilla infused Olea europaea oil): Red Rose Petals contain tons of Vitamin C, which boosts collagen production and strengthens skin cells and tissue. This enables blemishes and acne scars to heal faster and helps heal sun-damaged spots. Known to be a natural anti-inflammatory agent. They relax the body, reduce stress, promote glowing skin and lock moisture into dry skin cells. Chamomile helps to relieve symptoms of eczema, is known to calm dry and irritated skin, and are an antioxidant. Olive Oil is rich in antioxidants, prevents skin aging, the appearance of fine lines and wrinkles. Also, nourishes, rejuvenates and protects the skin. It is rich in vitamin E & A, helps prolong youth, hydrates the skin, maintains elasticity and softness and even helps skin cells regenerate.

Organic Dry Carrier:

Oatmeal (Avena sativa): Natural cleansers called saponins that can remove dirt and oil from the pores, improves skin tone and texture, Relieves itchy/psoriasis, eczema, treats acne, removes dryness. Add Water for normal skin. Add Milk or yogurt for dry skin.

Organic Essential Oils

- ღ Balsam Fir Needle (Abies balsamea): Pleasant, woodsy aroma; A therapeutic pain reliever, makes an excellent analgesic. Relaxes muscles and soothes body aches, helps heal wounds and skin conditions like acne, eczema, or rashes.
- **Camphor (Cinnamomum camphora):** Penetrating, medicinal aroma; topical analgesic, respiratory Relief, stimulates nerves to relieve many kinds of pain and rashes, treats acne, treats Eczema
- **Cedarwood (Juniperus virginiana):** Warm, woodsy, balsamic aroma; has anti-inflammatory agents, reduces skin irritations, treats fungal infections and acne, reduces cough, cleans out toxins
- ღ Citronella (Cymbopogon winterianus): Pungent, musky, citrus-like aroma; refreshes and moisturizes skin, deodorizes, an awesome detoxifier, promotes healthy and glowing skin
- **Clove Oil (Eugenia caryophyllata):** Warm, pungent aroma; beneficial for acne, scars and any kind of bacterial infection, also good to treat scabies, stings, rashes and other fungal infections.
- **© Eucalyptus Oil (Eucalyptus globulus)**: Strong aromatic, camphoraceous aroma; anti-inflammatory, antispasmodic, decongestant, deodorant, antiseptic, antibacterial, stimulating.
- **ღ Frankinscence (Boswellia carterii):** Deep, fresh, with subtle hints of citrus and camphor aroma; a powerful astringent, helps reduce acne blemishes, the appearance of large pores, prevent wrinkles, and it even helps lift and

tighten skin to naturally slow signs of aging.

- **© Lavender Oil (Lavandula Angustifolia):** Floral aroma; Lavender oil is a wonderful remedy for eczema, has antiseptic and anti-inflammatory properties and helps in reducing the swelling and redness
- **<u>v</u> Lemon Essential Oil (Citrus limon)**: Fresh, lemon peel aroma; Mild aphrodisiac, relief from inflammation, Antidepressant
- **Neroli Oil (Citrus aurantium):** Deep, floral aroma; It improves skin's flexibility, combats acne, and is best known for its soothing and skin regenerating effect on even the most environmentally stressed complexions
- **© Orange Extracted Oil (Citrus sinensis):** Sweet orange peel aroma; Mild aphrodisiac, relief from inflammation, Antidepressant
- ღ Patchouli Oil (Pogostemon cablin): Romantic, soothing, stimulating aroma; Can improve the appearance of chapped skin or dry skin, used to treat skin and hair problems, such as dermatitis, eczema, acne, dry chapped skin, dandruff, and oily scalp. It also has wound healing and scar reducing properties
- **ღ PennyRoyal (Mentha pulegium):** Fresh minty-like aroma; It relieves pain and inflammation while it actually warms the area. Can be used wherever poor circulation is a problem, like the feet, ankles, lower legs and hands. *
- **Peppermint Oil (Mentha Piperita)**: Fresh, strong mint aroma; Antibacterial properties; a natural analgesic, or painkiller
- **pine Needle (Pinus sylvestris):** Balsamic, pine scent; stimulates the mind and body; treats various skin problems such as psoriasis, itching, pimples, and eczema. It gives you a balanced, smooth, renewed, and shiny skin and can also act as an antioxidant for free radicals which have a negative impact on your skin. Free radicals attack the healthy skin cells and cause them to mutate, resulting in premature aging, wrinkles, and sagging skin.
- ღ Rose Absolute Oil (Rosa Damascena): Pleasant rose aroma; Traditionally calming and uplifting, and has antiinflammatory, cooling and soothing properties. It works well for dry, hot, inflamed, or itchy skin. It can also work well for preventing scarring, treating broken capillaries, and even for relieving stress.
- **♠** Rosehip (Rosa mosqueta): Faint warm and earthy tone; Aids in fading stretch marks, soothing minor burns, softening and hydrating dry patches or just maintaining a healthy complexion
- **Sandalwood (Santalum album):** Subtle, floral, undertones of wood and fruit; Anti-inflammatory helps to reduce inflammation or swelling, including in cases of arthritis and tendinitis.
- **© Spearmint Oil (Mentha spicata):** Refreshing, minty scent; Antibacterial, anti-inflammatory and anti-fungal attributes, can be used to treat a variety of skin conditions including acne and psoriasis. Adds more life and gloss to your skin. The cooling and anti-inflammatory abilities of spearmint essential oil combined with its analgesic effects make it the ideal remedy to soothe aching joints and muscles.
- ღSt. John's Wort (Hypericum Perforatum): Softly sweet, herbaceous, warm aroma; known for its ability to bring balance and comfort to skin, circulatory channels and muscles.
- ღ Tea Tree (Melaleuca Alternifolia): Potent, warm, spicy aroma; Has antiseptic properties and is used to treat cuts, wounds, burns, boils and other skin disorders. It soothes the skin and reduces the redness and itching.
- e Vanilla Extract (Vanilla planifolia): Sweet, warm scent; Antioxidant, anti-aging, is soothing.
- ღYlang Ylang Extra Oil (Cananga odorata): Pleasant, floral aroma; Has a balancing and stimulating effect on skin. It's a great oil because it can help with over-dry and over-oily skin. It also balances the secretion of sebum.

Sugar:

Alpha-hydroxy rich, exfoliates, great for eczema and psoriasis, Increases cell regeneration, reduces skin pigmentation by forcing melanin out of skin cells, antioxidant Sugar is a humectant which helps the skin retain moisture. Sugar also contains glycolic acid which helps encourage cell turnover and fresh-looking skin.

- © Brown Sugar: (Saccharum officinarum with molasses): Finer grain, contains vitamin B
- o Cane Sugar (Saccharum officinarum L): Medium Grain
- Raw Sugar (Saccharum officinarum L unrefined): Hard Grain

Miscellaneous:

- **ღ Baking Soda (Sodium Bicarbonate):** The antiseptic and anti-inflammatory properties help treat the cause as well as reduce the symptoms of acne and other breakouts. A good exfoliating agent helps remove dead cells. In addition, it balances pH level of the skin, which is very important to maintain even and clear skin.
- **⇔** Bentonite Clay (Sodium montmorillonite): unclogs the skin pores and shrinks them, helps control the overproduction of sebum, draws out the toxins from the skin, makes skin softer, gives a definite glow to the skin, exfoliates, helps reduce the appearance of scars, safe for all skin types, can be used to regenerate skin tissue, gives you an even skin tone
- φ Himalayan Salt (Saindhava Lavana): Detoxifies the body by balancing systemic pH. Contain a high amount of

naturally occurring minerals and nutrients, that assist with skin toning, as well as relaxing sore muscles and Improves hydration

- ♦ Natural Castile Soap (Castile Soap): Natural and Free of Toxins, Castile soap is a concentrated vegetable-based soap with easy to recognize ingredients. Natural gentle acne fighter and a great cleanser on its own for people with sensitive skin
- **♦** Optiphen Plus (Phenoxyethanol (and) Caprylyl Glycol (and) Sorbic Acid): is a paraben- and formaldehyde-free preservative system that is ideal for products with a lower pH systems. Globally approved preservative in the Optiphen family, paraben and formaldehyde-free preservative.

Legend:

- ♠ Highest-quality natural ingredients from responsible sources.

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- +For external use only. Always perform a test patch before use and discontinue if irritation occurs.
- +These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.