A detailed botanical illustration background featuring various plants and flowers. The composition includes purple and yellow daisy-like flowers, red and pink blossoms, green ferns, and leafy herbs. The style is reminiscent of traditional botanical art, with fine lines and a rich color palette. The plants are arranged in a dense, overlapping pattern around the central text.

THE BOTANICAL APOTHECARY

INGREDIENT GUIDE

A detailed reference
FOR HERBAL ENTHUSIASTS



Handcrafted Wisdom
from JBHomemade's

Garden &
Apothecary

JBHOMEMADE.COM

Crafted with care,
rooted in nature.

🌿 Discover the Secrets of Radiant Skin: An Herbalist's Skincare Alchemy 🌿

Welcome to the world of skincare alchemy, where the art of botanical infusion meets the science of radiant skin. As an experienced master herbalist who embarked on a journey into herbalism 16 years ago, I've harnessed the power of nature to create a collection of skincare products that go beyond ordinary cosmetics. These formulations are a labor of love, crafted with a deep understanding of the beneficial properties of herbs, essential oils, and other natural ingredients.

In this botanical treasure trove, you'll find ingredients carefully chosen not just for their skincare benefits but also for their harmonious qualities when blended together. Each component serves a purpose, be it soothing inflammation, promoting collagen production, or cleansing and purifying the skin. It's my pleasure to take you on a guided tour through this garden of earthly delights, explaining the remarkable benefits each ingredient offers for your skin.

These carefully selected ingredients, combined with organic carrier oils, sugars, clays, and essential oils, create skincare products that are not only effective but also a testament to the power of natural remedies. From reducing inflammation to stimulating collagen production and promoting healthy, radiant skin, this skincare alchemy is a testament to the transformative magic of herbalism.

Let's delve into the list of ingredients that make up these skincare wonders, and discover the wisdom of herbalism for achieving radiant, healthy skin.

Stay tuned for more insights into the ingredients and the incredible benefits they offer for your skin. 🌿 ✨

Navigating this treasure trove of natural ingredients may seem like a daunting task due to its extensive list.

However, we've got you covered:

Tip: This is a long list. If you're searching for a specific ingredient, here's how to make it easier:

- **On Desktop:** Use CTRL-F to bring up the search function and simply type in the ingredient you're looking for. It'll highlight your selection on the page.
- **On Mobile:** Click the three dots in the menu for more options to appear, and then select "Find on Page." Type in your desired ingredient, and it will be located for you. For an easier reading experience, expand each section from the bottom up instead of scrolling to the next accordion section due to its length.

At JS&S, we're committed to bringing you skincare that's not only effective but also a celebration of nature's wonders. Embrace the goodness of natural, plant-based ingredients, and let your skin revel in their nourishing embrace.

Welcome to the Botanical Apothecary Ingredient Guide. This guide reflects the full spectrum of ingredients I keep on hand — grown, sourced, and selected with care for personal use, custom formulations, and product development. Not every ingredient listed is used in my current for-sale products, but each holds a place in my apothecary for its unique benefits and potential. If you're curious about which ingredients are in a specific product, please refer to the product listing or reach out directly. This guide is a celebration of plant wisdom, herbal tradition, and the healing journey — not a strict inventory. 🌿

Understanding the Icons

Each ingredient in this guide is marked with icons that reflect its origin, traditional uses, and how it's incorporated into my apothecary practice. These symbols help you navigate the garden of possibilities — from skincare rituals to herbal teas, from soothing salves to spiritual cleanses. Whether you're browsing for education, inspiration, or formulation ideas, this legend is your key to unlocking the magic behind each plant.

🌱 Sourcing & Origin		🌿 Common Uses	
Icon	Meaning	Icon	Meaning
♥	Grown here in our TN homestead organic gardens	🌸	Used in skincare rituals (salves, masks, toners, etc.)
🏠	Sourced from Hæbaeggar's Amish shop in Scottsville, KY	🍵	Used in teas or internal herbal remedies
✳️	Responsibly sourced from trusted suppliers like StarWest Botanicals	🧼	Used in cleansing products (soaps, washes, exfoliants)
🧴 Formulation Context		🧴	Used for detoxifying or mineral-rich treatments (e.g., salts, clays)
🛒	Used in JB! homemade products currently for sale	🌙 Blending Intentions	
🧴	Used in personal formulations or custom requests	🌙	Used in nighttime or calming blends
🧴	Used in oil infusions	🔥	Used in warming or stimulating blends (e.g., circulation, detox)
💧	Used in hydrosols	🌊	Used in soothing or hydrating blends (e.g., dry skin, inflammation)
🌱	Used in seed-to-skin formulations or whole-plant infusions	🧘	Used in self-care or relaxation rituals
📖 Traditional & Energetic Uses		🌿 Skin Benefits	
📖	Traditional herbal uses (educational context)	🌿	Rich in antioxidants or known for anti-aging benefits
🌀	Known for spiritual or energetic cleansing properties		



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Raw Organic Botanicals for Handmade Skincare Rituals -

A sacred collection of 98 plant allies used in 100+ handmade rituals.

Tap into their wisdom below. Where plants become potions, and rituals begin with roots & petals. These raw botanicals are the heart of your apothecary — dried flowers, herbs, and leaves gathered from nature's garden. Each one carries unique skin-healing properties: calming chamomile, soothing lavender, invigorating peppermint, and more. In scrubs, masks, hydrosols, or salves, they infuse your creations with the earth's own magic. Beyond their practical uses, these plants bring ritual and intention into skincare — a reminder that beauty is rooted in nature's cycles, and that self-care is a sacred act.

 Ingredient Name:	Aloe Vera	 Ingredient Name:	Arabica Coffee
 Botanical Name:	Aloe barbadensis leaf	 Botanical Name:	Coffea arabica
 Benefits:	Treats blemishes, acne, and itchy skin. Softens dead skin cells, delays visible signs of aging, and balances pH. Rich in antioxidant vitamins A, C, E, B12, folic acid, and choline.	 Benefits:	High in fatty acids for soft, smooth skin. Caffeine tones and nourishes, promoting youthful appearance.
 Herbal Profile	♥ 🌱 🛁 🌿 🌙 🧴 📖	 Herbal Profile	🌙 🌿 🌱 🧴 📖
 Ingredient Name:	Arrowroot Powder	 Ingredient Name:	Bee Balm
 Botanical Name:	Maranta arundinacea powder	 Botanical Name:	Monarda
 Benefits:	Acts as a thickener, binder, and moisturizer. Absorbs moisture in deodorant powders and enhances skin feel.	 Benefits:	Traditionally used for skin healing and soothing. Known for antimicrobial and anti-inflammatory properties.
 Herbal Profile	🌱 🌿 🛁 📖	 Herbal Profile	♥ 🌱 🌿 🧴 📖
 Ingredient Name:	Bee Pollen Powder	 Ingredient Name:	Beeswax
 Botanical Name:	Apis mellifera	 Botanical Name:	Cera alba
 Benefits:	Stimulates blood flow to skin cells, detoxifies, reduces wrinkles, and speeds healing. Promotes youthful glow.	 Benefits:	Conditions, calms, and protects skin. Locks in moisture, promotes new cell growth, and softens skin.
 Herbal Profile	🌙 🌿 🌱 🧴 📖	 Herbal Profile	🌙 🌿 🌱 🧴 📖
 Ingredient Name:	Beet Powder	 Ingredient Name:	Calendula
 Botanical Name:	Beta vulgaris root powder	 Botanical Name:	Calendula officinalis
 Benefits:	Rich in nutrients including beta carotene, B vitamins, vitamin C, magnesium, and zinc. Nourishes and brightens skin.	 Benefits:	Anti-inflammatory, antibacterial, antiviral. Heals cuts, scrapes, eczema, and minor wounds.
 Herbal Profile	🌙 🌿 🌱 🧴 📖	 Herbal Profile	♥ 🌱 🌿 🛁 🌿 🌙 🧴 📖
 Ingredient Name:	Caraway Seeds	 Ingredient Name:	Chamomile
 Botanical Name:	Carum carvi	 Botanical Name:	Matricaria chamomilla
 Benefits:	Reduces wrinkles and aging spots. Promotes youthful, fresh-looking skin.	 Benefits:	Calms red, dry, irritated skin. Antioxidant, antiseptic, and antimicrobial. Eczema support.
 Herbal Profile	🌙 🌿 🧴 📖	 Herbal Profile	♥ 🌱 🌿 🛁 🌿 🌙 🧴 📖

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Ingredient Name:	Comfrey	Ingredient Name:	Cornflower
Botanical Name:	Symphytum	Botanical Name:	Centaurea cyanus
Benefits:	Heals wounds, prevents and treats scars, reduces dryness and flaking. Anti-inflammatory and analgesic.	Benefits:	Relieves eczema and abrasions, softens skin, smooths eye wrinkles, reduces irritation and fatigue.
Herbal Profile	♥ 🌿 🛁 🌿 📖	Herbal Profile	✿ 🌿 🛁 🌿 📖
Ingredient Name:	Cornstarch	Ingredient Name:	Dried Lavender
Botanical Name:	Zea mays	Botanical Name:	Lavandula
Benefits:	Soothes skin irritations, absorbs excess oils and moisture, treats diaper rash and heat rashes.	Benefits:	Treats acne, eczema, and wrinkles. Calms itchy skin, tones, and supports anti-aging.
Herbal Profile	✿ 🌿 🛁 🌿 📖	Herbal Profile	♥ 🌿 🛁 🌿 📖
Ingredient Name:	Eucalyptus leaf	Ingredient Name:	Ginger
Botanical Name:	Eucalyptus globulus leaf	Botanical Name:	Zingiber officinale
Benefits:	Antibacterial, antiseptic, relaxes sore muscles, treats minor wounds, acne, and insect bites.	Benefits:	Boosts radiance, reduces inflammation, antioxidant, supports psoriasis and acne care.
Herbal Profile	✿ 🌿 🛁 🌿 📖	Herbal Profile	✿ 🌿 🛁 🌿 📖
Ingredient Name:	Green Tea	Ingredient Name:	Ground Cloves
Botanical Name:	Camellia sinensis	Botanical Name:	Syzygium aromaticum
Benefits:	Shrinks pores, reduces sebum, fights acne and blackheads, reactivates cells, antioxidant-rich.	Benefits:	Treats acne, blemishes, scars, rashes, cuts, and wounds. Antioxidant and antimicrobial.
Herbal Profile	✿ 🌿 🛁 🌿 📖	Herbal Profile	✿ 🌿 🛁 🌿 📖
Ingredient Name:	Hibiscus Powder	Ingredient Name:	Hollyhock
Botanical Name:	Hibiscus sabdariffa flowers	Botanical Name:	Alcea rosea
Benefits:	Anti-inflammatory, skin toning, natural colorant, antioxidant-rich.	Benefits:	Hydrates and locks in moisture, softens and smooths skin, enhances elasticity and suppleness.
Herbal Profile	✿ 🌿 🛁 🌿 📖	Herbal Profile	♥ 🌿 🛁 🌿 📖

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 Ingredient Name:	Jasmine Flowers	 Ingredient Name:	Lemon & Orange (Juice and Zest)
 Botanical Name:	Jasminum sp.	 Botanical Name:	Citrus limon & Citrus sinensis
 Benefits:	Soothes skin inflammation, calms irritation, supports healing.	 Benefits:	Cleansing, decongestant, antibacterial, refreshing, ideal for oily skin.
 Herbal Profile	🌸 🌿 🌙 🧘 📖	 Herbal Profile	❤️ 🌿 🍷 🧘 📖
 Ingredient Name:	Lemon Balm	 Ingredient Name:	Marshmallow Root
 Botanical Name:	Melissa officinalis	 Botanical Name:	Althea officinalis root
 Benefits:	Anti-inflammatory, antibacterial, calming, healing, stimulates circulation, great for acne and sunburn.	 Benefits:	Hydrating, softening, balancing, anti-aging, improves radiance and tone.
 Herbal Profile	❤️ 🌿 🌙 🧘 📖	 Herbal Profile	❤️ 🌿 🌙 🧘 📖
 Ingredient Name:	Mint Leaves	 Ingredient Name:	Nettles
 Botanical Name:	Mentha x piperita	 Botanical Name:	Urtica dioica
 Benefits:	Moisturizes, calms dry itchy skin, anti-inflammatory.	 Benefits:	Anti-inflammatory, astringent, bactericidal, antioxidant-rich, healing and deodorizing.
 Herbal Profile	❤️ 🌿 🌙 🧘 📖	 Herbal Profile	❤️ 🌿 🍷 🧘 📖
 Ingredient Name:	Pink Rose Petals	 Ingredient Name:	Poppy Seed
 Botanical Name:	Rosa Bridal Pink	 Botanical Name:	Papaver somniferum seed
 Benefits:	Similar to red rose petals — vitamin C-rich, anti-inflammatory, promotes glow, locks in moisture.	 Benefits:	Moisturizes, treats eczema, soothes burning and itchiness, ideal for sensitive skin.
 Herbal Profile	❤️ 🌿 🌙 🧘 📖	 Herbal Profile	🌸 🌿 🌙 🧘 📖
 Ingredient Name:	Pumpkin	 Ingredient Name:	Raw Honey
 Botanical Name:	Cucurbita pepo	 Botanical Name:	Mel
 Benefits:	Rich in AHAs and fruit enzymes, boosts collagen, brightens and smooths skin, softens and soothes.	 Benefits:	Antimicrobial, antioxidant, moisturizes, lightens skin, promotes healing and tissue regeneration.
 Herbal Profile	🌸 🌿 🌙 🧘 📖	 Herbal Profile	🍯 🌿 🌙 🧘 📖

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 Ingredient Name:	Red Rose Petals	 Ingredient Name:	Rosemary
 Botanical Name:	Rosa damascena	 Botanical Name:	Rosmarinus officinalis
 Benefits:	High in vitamin C, boosts collagen, heals blemishes and sun damage, anti-inflammatory, promotes glowing skin.	 Benefits:	Antibacterial, antifungal, heals blemishes, improves skin's youthful quality and shine.
 Herbal Profile	♥ 🌸 🌿 🌊 🌙 🧴 📖	 Herbal Profile	♥ 🌸 🌿 🌊 🌙 🧴 📖
 Ingredient Name:	Spinach Powder	 Ingredient Name:	St. John's Wort
 Botanical Name:	Spinacia oleracea L.	 Botanical Name:	Hypericum perforatum
 Benefits:	Treats acne, protects from UV rays, delays aging, repairs damaged skin cells.	 Benefits:	Soothes and protects, balances oily or dry skin, promotes smoother, healthier skin.
 Herbal Profile	🌸 🌿 🌊 🌙 🧴 📖	 Herbal Profile	♥ 🌸 🌿 🌊 🌙 🧴 📖
 Ingredient Name:	Strawberries	 Ingredient Name:	Thyme
 Botanical Name:	Fragaria x ananassa	 Botanical Name:	Thymus vulgaris
 Benefits:	Slows aging, lightens skin, cures acne, exfoliates, protects from UV damage.	 Benefits:	Calms skin, evens tone, treats oily skin and acne, deep cleansing.
 Herbal Profile	🌸 🌿 🌊 🌙 🧴 📖	 Herbal Profile	♥ 🌸 🌿 🌊 🌙 🧴 📖
 Ingredient Name:	Turmeric	 Ingredient Name:	Vanilla Bean
 Botanical Name:	Curcuma longa	 Botanical Name:	Vanilla planifolia
 Benefits:	Anti-bacterial, anti-aging, improves elasticity, lightens pigmentation and stretch marks.	 Benefits:	Antioxidant-rich, promotes skin repair, soothes irritation, adds a warm, comforting scent.
 Herbal Profile	🌸 🌿 🌊 🌙 🧴 📖	 Herbal Profile	♥ 🌸 🌿 🌊 🌙 🧴 📖
 Ingredient Name:	White Willow Bark	 Ingredient Name:	Witch Hazel
 Botanical Name:	Salix alba	 Botanical Name:	Hamamelis virginiana
 Benefits:	Natural source of salicylic acid, exfoliates, clears pores, reduces inflammation and acne.	 Benefits:	Astringent, reduces redness and swelling, tightens pores, balances oil production.
 Herbal Profile	🌸 🌿 🌊 🌙 🧴 📖	 Herbal Profile	♥ 🌸 🌿 🌊 🌙 🧴 📖

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The Foundations: Pure Carrier Oils of the Apothecary

The Silent Healers: Oils that Carry Nature's Wisdom

These oils are the silent carriers of herbal wisdom — nourishing on their own, and transformative when infused. Each one is a staple in your apothecary, ready to support healing, hydration, and herbal alchemy.

 Ingredient Name:	Sweet Almond Oil	 Ingredient Name:	Avocado Oil
 Botanical Name:	Prunus amygdalus dulcis	 Botanical Name:	Persea gratissima
 Benefits:	Antioxidant-rich, hypoallergenic, softens skin, repairs early signs of aging.	 Benefits:	Hydrates, calms itchy skin, heals chapped areas, shields from UV damage.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Extra Virgin Olive Oil	 Ingredient Name:	Coconut Oil
 Botanical Name:	Olea europaea	 Botanical Name:	Cocos nucifera
 Benefits:	Anti-aging, rich in vitamins E & A, regenerates skin cells, maintains elasticity.	 Benefits:	Clears skin, softens, fights infection, anti-inflammatory and moisturizing.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Grapeseed Oil	 Ingredient Name:	Sunflower Oil
 Botanical Name:	Vitis vinifera seed oil	 Botanical Name:	Helianthus annuus seed oil
 Benefits:	Restores collagen, balances skin, reduces wrinkles and scars.	 Benefits:	Creates protective barrier, prevents acne, anti-inflammatory, rich in omega-6.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Macadamia Nut Oil	 Ingredient Name:	Rosehip Seed Oil
 Botanical Name:	Macadamia ternifolia seed oil	 Botanical Name:	Rosa rubiginosa / Rosa canina
 Benefits:	Emollient, rejuvenating, slows aging, promotes cell regeneration.	 Benefits:	Anti-aging, reduces fine lines, scars, and pigmentation.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Safflower Oil	 Ingredient Name:	Vitamin E Oil
 Botanical Name:	Carthamus tinctorius seed oil	 Botanical Name:	Tocopherols, tocotrienols
 Benefits:	Hydrates, treats eczema and acne, promotes elasticity and glow.	 Benefits:	Blocks free radicals, reduces wrinkles, supports youthful skin.
 Herbal Profile		 Herbal Profile	

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The Elementals: Infusions from the Apothecary

The Purest Form of Plant Magic, Steeped in Simplicity

These are the oils that speak softly but carry ancient wisdom. Each Elemental is a single-herb infusion — no blends, no distractions — just one botanical steeped with intention in a nourishing carrier oil. They're the first step in your ritual, the grounding force behind every potion. Calendula, nettles, coffee, chamomile... each one chosen for its unique gifts and steeped slowly to preserve its spirit. These oils are perfect for purists, beginners, and anyone seeking clarity in their skincare rituals. Simple doesn't mean basic — it means focused, potent, and deeply connected to the Earth.

 Ingredient Name:	Calendula Olive Oil	 Ingredient Name:	Calendula Sunflower Oil
 Botanical Name:	Calendula officinalis infused in Olea europaea	 Botanical Name:	Calendula officinalis infused in Helianthus annuus
 Benefits:	Mild and soothing, antiseptic, antifungal, anti-inflammatory, and antibacterial. Olive oil adds antioxidant-rich nourishment and skin regeneration.	 Benefits:	Anti-inflammatory, antibacterial, and antiviral. Calendula soothes and heals, while sunflower oil protects and nourishes.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Chamomile Infused Sweet Almond Oil	 Ingredient Name:	Coffee Infused Sweet Almond Oil
 Botanical Name:	Matricaria chamomilla infused in Prunus amygdalus dulcis	 Botanical Name:	Coffea arabica infused in Prunus amygdalus dulcis
 Benefits:	Gentle and calming, chamomile reduces inflammation, soothes dry or irritated skin, and supports healing. Sweet almond oil enhances absorption and adds emollient softness. Perfect for baby skin, rosacea, and calming blends.	 Benefits:	Emollient, rejuvenating, slows aging, promotes cell regeneration.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Lavender Infused Olive Oil	 Ingredient Name:	Nettles Infused Grapeseed Oil
 Botanical Name:	Lavandula angustifolia infused in Olea europaea	 Botanical Name:	Urtica dioica infused in Vitis vinifera (Grapeseed Oil)
 Benefits:	Calms irritation, reduces redness, and supports skin healing. Lavender's soothing and antimicrobial properties pair beautifully with olive oil's antioxidant-rich nourishment. Ideal for sensitive skin, eczema, and nighttime rituals.	 Benefits:	Soothing and restorative. Nettles calm inflammation, reduce redness and itching, and support skin regeneration. Grapeseed oil protects against dryness and sun damage.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Rose Infused Sunflower Oil	 Ingredient Name:	Thyme Infused Sunflower Oil
 Botanical Name:	Rosa damascena infused in Helianthus annuus	 Botanical Name:	Thymus vulgaris infused in Helianthus annuus (Sunflower Oil)
 Benefits:	Rich in vitamin C and antioxidants, rose petals promote collagen production, reduce redness, and enhance glow. Sunflower oil adds lightweight hydration and protection. A luxurious infusion for mature, dry, or sensitive skin.	 Benefits:	Powerful antiseptic and antifungal properties. Deep-cleansing, acne-fighting, and anti-aging. Thyme outperforms benzoyl peroxide without irritation. Sunflower oil adds a protective, anti-inflammatory layer.
 Herbal Profile		 Herbal Profile	

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The Elixirs: Signature Infusions from the Apothecary

Where plant spirits steep and skin spells begin

✦ These are no ordinary oils. Each infusion is a ritual — a slow, intentional steeping of botanical wisdom into nourishing base oils. Crafted under moonlight and stirred with purpose, they carry the essence of healing, soothing, and transformation. These eight elixirs are the ritual foundations of JDI Homemade Skincare — the sacred starting point for every facial wash, toner, bath oil, and salve I create. Exclusive to my website and born from years of herbal study and hands-on healing, they go far beyond simple rose water. Each one is a botanical blueprint for radiant skin and intentional self-care — the true heart of my apothecary magic. ✨

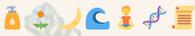
 Ingredient Name:	Adoring Your Harmony Signature Infusion	 Ingredient Name:	Count Your Sheep Signature Infusion
 Botanical Name:	Calendula officinalis, Melissa officinalis and Althea Offinalis Root infused in Olea europaea	 Botanical Name:	R gallica, Lavendula, Melissa officinalis & Matricaria chamomilla infused Helianthus annuus oil
 Benefits:	This infusion is a harmony of skin repair and soulful calm. Calendula eases inflammation and helps skin recover from irritation, while Lemon Palm clears and tones, supporting skin prone to breakouts or redness. Marshmallow Root lends its soothing mucilage, hydrating deeply and softening fine lines. Olive oil ties it together with vitamins and antioxidants that restore radiance and resilience. A daily ally for balancing stressed, tired, or sensitive skin.	 Benefits:	Crafted as a lullaby for skin and spirit, this blend soothes irritation while calming the nervous system. Rose petals boost collagen and soften scars. Chamomile calms flare-ups of dryness or eczema, and Lemon Palm quiets inflammation. Sunflower oil nourishes with omega-rich hydration and protective antioxidants. Perfect for unwinding at night — a ritual oil that invites rest, glowing skin, and ease in both body and mind.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Grace and Presence Signature Infusion	 Ingredient Name:	Harmonious Bounty Signature Infusion
 Botanical Name:	R damascena & Matricaria chamomilla infused Vitis vinifera seed oil	 Botanical Name:	Lavandula and Matricaria chamomilla infused in Olea europaea (Olive Oil)
 Benefits:	An infusion of tenderness and renewal. Rose petals strengthen skin and encourage a luminous, even tone, while Chamomile eases redness and irritation. Grapeseed oil — light yet nutrient-dense — supports collagen repair, balances oil production, and helps diminish the look of scars and fine lines. Together, this blend embodies grace: a quiet strength that restores presence to skin and spirit alike.	 Benefits:	Gentle yet powerful, this infusion is a balm for skin that needs comfort. Lavender and Chamomile bring anti-inflammatory relief for eczema, acne, and irritation, while olive oil provides antioxidant-rich nourishment. Deeply hydrating and youth-preserving, this oil helps restore suppleness and ease tension in skin and spirit. A nurturing blend for daily rituals of balance and replenishment.
 Herbal Profile		 Herbal Profile	

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 Ingredient Name:	Lake House Signature Infusion	 Ingredient Name:	Naturally Serene Signature Infusion
 Botanical Name:	Mentha x piperita and Lavandula infused in Carthamus Tinctorius Seed Oil	 Botanical Name:	R damascena and Lavandula infused Carthamus Tinctorius Oil
 Benefits:	Like a cool breeze off the water, this infusion refreshes, soothes, and restores balance. Mint calms inflammation and awakens the skin, while lavender softens and tones. Carried in hydrating safflower oil, it locks in moisture, reduces redness, and supports skin elasticity. Ideal for acne-prone or overheated skin, this blend leaves a fresh, healthy glow.	 Benefits:	This infusion embodies tranquility and beauty. Rose lends antioxidant strength and deep hydration, while lavender soothes irritation and supports skin healing. Carried in safflower oil, the blend nourishes sensitive or dry skin while also calming the spirit. A gentle companion for evening rituals helping to quiet the day and restore serenity to both skin and soul.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Romance & Luxury Signature Infusion	 Ingredient Name:	Run It Through the Garden Signature Infusion
 Botanical Name:	R gallica, Lavandula & Matricaria chamomilla infused Helianthus annuus oil	 Botanical Name:	R damascena, Matricaria chamomilla, Althea Offinalis Root, Rosmarinus officinalis infused in Olea europaea
 Benefits:	A decadent fusion of four botanical allies. Rose softens and restores, lavender heals and tones, Calendula promotes renewal, and Chamomile calms sensitivity. Together, they create a bouquet of skin repair, hydration, and anti-aging support. Sunflower oil anchors the blend with protective antioxidants and a lightweight, breathable finish. A luxurious ritual oil for luminous skin and heart-centered self-care.	 Benefits:	A full garden in a bottle — this infusion brings both strength and tenderness. Rose encourages collagen renewal, Chamomile calms irritation, Marshmallow Root hydrates and plumps fine lines, and Rosemary purifies with antibacterial and circulatory-boosting power. Olive oil enriches with vitamins and antioxidants, making this blend deeply restorative. A grounding oil for resilience, radiance, and everyday herbal protection.
 Herbal Profile		 Herbal Profile	

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The Elixirs: Infusions of the Heart

Honoring Herbal Healing Beyond Skincare

✨ Some infusions are more than recipes — they are living testaments of love, care, and healing. These blends may not be part of my skincare sets, but they hold a sacred place in my apothecary. The Comfort Harmony Pain Relief Infusion was created for my sister during her battle with diabetes. It brought her comfort and ease in ways that medicine could not, and for that, it will always remain a cherished creation in her honor. ✨

 Ingredient Name:	Comfort Harmony Pain Relief Infusion (In Memory of My Sister, 2019)
 Botanical Name:	St. John's Wort, Clove, Turmeric & Ginger infused in Vitis vinifera (Grapeseed Oil) Hypericum perforatum, Syzygium aromaticum, Curcuma longa, and Zingiber officinale infused in Vitis vinifera seed oil
 Benefits:	<p>A nerve and anti-inflammatory powerhouse, this infusion was crafted to ease the sharp edges of neuropathy and chronic pain. St. John's Wort supports nerve healing, clove offers analgesic relief, turmeric calms inflammation, and ginger warms and soothes tension. Grapeseed oil delivers the actives deep into tissues while nourishing the skin.</p> <p>♥ Special Note: This infusion was created (in conjunction with a nerve blocking essential oil blend of Frankincense Oil, Sandalwood Oil, Patchouli Oil, Lavender Oil, Ylang Ylang Extra Oil, Rosemary Oil with shea butter and beeswax) for my sister to ease the pain of diabetic neuropathy. It gave her restful sleep, comfort, and freedom of movement when nothing else could. Though she passed in 2019, this blend remains a living remembrance of her and the healing power of plants.</p>
 Herbal Profile	

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Aromatics & Alchemy: Organic Essential Oils of the Apothecary

Where the essence of the plant becomes a potent spell and healing rides the breath

These oils are the soul of the plant — concentrated, potent, and deeply transformative. Each drop carries centuries of herbal wisdom, used for skin healing, emotional balance, and energetic cleansing. Whether blended into salves added to serums or diffused for ritual, these essences are the breath of your apothecary magic.

✿ Ingredient Name:	Balsam Fir Needle	✿ Ingredient Name:	Cedarwood
📖 Botanical Name:	Abies balsamea	📖 Botanical Name:	Juniperus virginiana
✨ Benefits:	Relieves pain, soothes body aches, heals wounds, and treats acne, eczema, and rashes.	✨ Benefits:	Anti-inflammatory, antifungal, detoxifying, treats acne and skin irritations.
✿ Herbal Profile	🌿 🌱 🧘 🧴 📖	✿ Herbal Profile	🌿 🌱 🧘 🧴 📖
✿ Ingredient Name:	Citronella	✿ Ingredient Name:	Clove Oil
📖 Botanical Name:	Cymbopogon winterianus	📖 Botanical Name:	Eugenia caryophyllata
✨ Benefits:	Detoxifies, deodorizes, refreshes and moisturizes skin, promotes glow.	✨ Benefits:	Treats acne, scars, stings, rashes, and fungal infections. Antibacterial and healing.
✿ Herbal Profile	🌿 🌱 🧘 🧴 📖	✿ Herbal Profile	🌿 🌱 🧘 🧴 📖
✿ Ingredient Name:	Eucalyptus Oil	✿ Ingredient Name:	Frankincense
📖 Botanical Name:	Eucalyptus globulus	📖 Botanical Name:	Boswellia carterii
✨ Benefits:	Anti-inflammatory, antiseptic, antibacterial, decongestant, and stimulating.	✨ Benefits:	Astringent, reduces acne and large pores, prevents wrinkles, lifts and tightens skin, slows signs of aging.
✿ Herbal Profile	🌿 🌱 🧘 🧴 📖	✿ Herbal Profile	🌿 🌱 🧘 🧴 📖
✿ Ingredient Name:	Geranium Essential Oil	✿ Ingredient Name:	Lavender Oil
📖 Botanical Name:	Pelargonium graveolens	📖 Botanical Name:	Lavandula angustifolia
✨ Benefits:	Balances oil production, calms inflammation, and supports skin healing. Helps fade scars, even tone, and improve elasticity.	✨ Benefits:	Antiseptic and anti-inflammatory, calms eczema, reduces swelling and redness, promotes skin healing.
✿ Herbal Profile	🌿 🌱 🧘 🧴 📖	✿ Herbal Profile	🌿 🌱 🧘 🧴 📖
✿ Ingredient Name:	Lemon Essential Oil	✿ Ingredient Name:	Neroli Oil
📖 Botanical Name:	Citrus limon	📖 Botanical Name:	Citrus aurantium
✨ Benefits:	Antidepressant, mild aphrodisiac, anti-inflammatory, brightens and refreshes skin.	✨ Benefits:	Improves skin flexibility, combats acne, regenerates stressed complexions.
✿ Herbal Profile	🌿 🌱 🧘 🧴 📖	✿ Herbal Profile	🌿 🌱 🧘 🧴 📖
✿ Ingredient Name:	Orange Extracted Oil	✿ Ingredient Name:	Patchouli Oil
📖 Botanical Name:	Citrus sinensis	📖 Botanical Name:	Pogostemon cablin
✨ Benefits:	Antidepressant, mild aphrodisiac, anti-inflammatory, promotes glow and emotional uplift.	✨ Benefits:	Treats dermatitis, eczema, acne, dandruff, and oily scalp. Heals wounds and reduces scarring.
✿ Herbal Profile	🌿 🌱 🧘 🧴 📖	✿ Herbal Profile	🌿 🌱 🧘 🧴 📖

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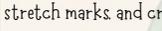
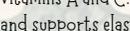
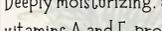
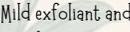
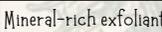
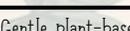
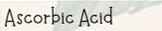
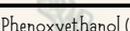
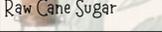
🌿 Ingredient Name:	Peppermint Oil	🌿 Ingredient Name:	Pine Needle
📖 Botanical Name:	Mentha piperita	📖 Botanical Name:	Pinus sylvestris
🌟 Benefits:	Antibacterial, analgesic, cooling, and soothing. Relieves pain and inflammation.	🌟 Benefits:	Treats psoriasis, itching, pimples, and eczema. Antioxidant-rich, renews and smooths skin, combats free radical damage.
🌿 Herbal Profile	🌿 🌱 🌿 🌿 🌿 🌿	🌿 Herbal Profile	🌿 🌱 🌿 🌿 🌿 🌿
🌿 Ingredient Name:	Rose Absolute Oil	🌿 Ingredient Name:	Rosehip Oil
📖 Botanical Name:	Rosa damascena	📖 Botanical Name:	Rosa mosqueta
🌟 Benefits:	Calming, uplifting, anti-inflammatory, cooling, and soothing. Prevents scarring, treats broken capillaries, relieves stress.	🌟 Benefits:	Fades stretch marks, soothes burns, hydrates dry patches, maintains healthy complexion.
🌿 Herbal Profile	🌿 🌱 🌿 🌿 🌿 🌿	🌿 Herbal Profile	🌿 🌱 🌿 🌿 🌿 🌿
🌿 Ingredient Name:	Sandalwood	🌿 Ingredient Name:	Spearmint Oil
📖 Botanical Name:	Santalum album	📖 Botanical Name:	Mentha spicata
🌟 Benefits:	Anti-inflammatory, reduces swelling, supports arthritis and tendonitis relief, calms skin.	🌟 Benefits:	Antibacterial, anti-inflammatory, antifungal. Treats acne and psoriasis, adds gloss and vitality to skin.
🌿 Herbal Profile	🌿 🌱 🌿 🌿 🌿 🌿	🌿 Herbal Profile	🌿 🌱 🌿 🌿 🌿 🌿
🌿 Ingredient Name:	St. John's Wort	🌿 Ingredient Name:	Tea Tree
📖 Botanical Name:	Hypericum perforatum	📖 Botanical Name:	Melaleuca alternifolia
🌟 Benefits:	Brings balance and comfort to skin, circulatory channels, and muscles. Soothes and heals.	🌟 Benefits:	Antiseptic, treats cuts, wounds, burns, boils, and skin disorders. Soothes and reduces redness and itching.
🌿 Herbal Profile	🌿 🌱 🌿 🌿 🌿 🌿	🌿 Herbal Profile	🌿 🌱 🌿 🌿 🌿 🌿
🌿 Ingredient Name:	Vanilla Extract	🌿 Ingredient Name:	Ylang Ylang Extra Oil
📖 Botanical Name:	Vanilla planifolia	📖 Botanical Name:	Cananga odorata
🌟 Benefits:	Antioxidant, anti-aging, soothing and comforting.	🌟 Benefits:	Balances dry and oily skin, regulates sebum, stimulates and harmonizes skin tone.
🌿 Herbal Profile	🌿 🌱 🌿 🌿 🌿 🌿	🌿 Herbal Profile	🌿 🌱 🌿 🌿 🌿 🌿

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Earth & Sweetness: Clays, Butters & Sugars of the Apothecary

Where minerals ground, butters nourish, and sweetness softens the soul

These ingredients are the tactile magic of the apothecary — the grounding clays that draw out impurities, the rich butters that restore and protect, and the sugars that gently exfoliate and awaken the skin. Each one is a sensory spell, connecting body and earth through texture, scent, and healing touch.

 Ingredient Name:	Bentonite Clay	 Ingredient Name:	French Green Clay
 Botanical Name:	Montmorillonite	 Botanical Name:	Illite
 Benefits:	Detoxifies pores, absorbs excess oil, soothes inflammation, and promotes circulation.	 Benefits:	Rich in minerals, deeply purifies, tightens pores, stimulates circulation, and tones skin.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Kaolin Clay	 Ingredient Name:	Cocoa Butter
 Botanical Name:	Kaolinite	 Botanical Name:	Theobroma cacao
 Benefits:	Gentle detoxifier, ideal for sensitive skin, absorbs excess oil, refines pores, and softens texture.	 Benefits:	Rich in fatty acids and antioxidants, deeply hydrates, improves skin elasticity, fades scars and stretch marks, and creates a protective barrier.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Mango Butter	 Ingredient Name:	Shea Butter
 Botanical Name:	Mangifera indica seed butter	 Botanical Name:	Butyrospermum parkii
 Benefits:	Lightweight, non-greasy moisturizer rich in vitamins A and C. Softens skin, improves texture, and supports elasticity.	 Benefits:	Deeply moisturizing, anti-inflammatory, rich in vitamins A and E, promotes skin elasticity.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Baking Soda	 Ingredient Name:	Himalayan Salt
 INCI Name:	Sodium Bicarbonate	 Botanical Name:	Saindhava Lavana
 Benefits:	Mild exfoliant and pH balancer. Helps unclog pores, soothe irritation, and control excess oil.	 Benefits:	Mineral-rich exfoliant that detoxifies, balances pH, and boosts circulation. Soothes inflammation and promotes radiant skin.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Natural Castile Soap	 Ingredient Name:	Vitamin C Crystals Powder
 INCI Name:	Castile Soap	 INCI Name:	Ascorbic Acid
 Benefits:	Gentle, plant-based cleanser that preserves skin's natural oils. Ideal for sensitive skin and daily ritual cleansing.	 Benefits:	Brightens skin, boosts collagen, fades dark spots, and protects against environmental damage.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Optiphen Plus	 Ingredient Name:	Brown Sugar
 INCI Name:	Phenoxyethanol (and) Caprylyl Glycol (and) Sorbic Acid	 Botanical Name:	Saccharum officinarum (molasses-rich)
 Benefits:	Broad-spectrum preservative that protects against bacteria, yeast, and mold. Adds hydration and extends shelf life in clean beauty formulations.	 Benefits:	Softer exfoliation, retains moisture, ideal for dry skin — not used in JB!homemade sugaring pastes.
 Herbal Profile		 Herbal Profile	
 Ingredient Name:	Cane Sugar	 Ingredient Name:	Raw Cane Sugar
 Botanical Name:	Saccharum officinarum	 Botanical Name:	Saccharum officinarum L
 Benefits:	Humectant, gentle exfoliant, boosts glow, ideal for soft, sugaring wax formulas.	 Benefits:	Natural exfoliant, humectant, boosts cell turnover, leaves skin soft and radiant.
 Herbal Profile		 Herbal Profile	

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From Garden to Glow: Rituals & Resources

Nourishing Skincare Rituals

Morning Radiance Ritual: (5–7 minutes)

- Cleanse – Use a gentle herbal cleanser or aloe to wake your skin.
- Tone – Mist with rose or chamomile hydrosol for balance.
- Moisturize – Massage in a lightweight botanical oil.
- Protect – Finish with natural mineral SPF.
- Affirmation: “I greet the day with clarity, beauty, and purpose.”

Evening Moonlight Ritual: (10–15 minutes)

- Steam – Open pores with lavender or calendula steam.
- Mask – Apply a clay mask blended with honey or aloe.
- Serum – Press in nutrient-rich herbal serum for overnight repair.
- Gratitude – Massage temples and breathe deeply, thanking your skin.
- Affirmation: “I release the day and nourish my body’s magic.”

Weekly Ritual: Herbal Renewal (20 minutes)

- Exfoliate with a gentle sugar scrub (circle motions toward heart).
- Mask with seasonal botanical blend.
- Finish with a nourishing balm or butter to seal in hydration.

Herbal Resources

- 📖 [Sugaring 101](#) – Learn the art of ancient hair removal.
- 🌿 [Botanical Benefits Library](#) – Explore detailed plant profiles.
- 🛒 [Shop the Apothecary](#) – Browse handmade skincare.
- Not sure which products are best for your skin?
Let’s [find your perfect match!](#)
- Chemicals in your [everyday makeup products](#) compared to natural resources.



You've Just Stepped Into the Garden... What's Next?



You've just wandered through over 100 of nature's most potent gifts — each chosen with intention, backed by centuries of herbal wisdom, and aligned with your skin's natural rhythms. This isn't just an ingredient list. It's a living, breathing archive of holistic skincare, green witchcraft, and soul-nourishing self-care.

In a world full of synthetic shortcuts and toxic trends, JBHomemade is rooted in the old ways — the ways of the garden, the moon, the elements, and the living apothecary. Every formula I craft is small-batch, seasonal, and made with reverence for the plant spirit within.

No parabens. No phthalates. No synthetic fillers. No greenwashing. Just pure, powerful, plant-based skincare — made by hand in the hills of Tennessee.

✨ Want more? Let's keep going:

Visit JBHomemade.com to explore the full Botanical Apothecary — from sugar scrubs and toners to infused oils and post-sugaring aloe

Sign up for the [apothecary newsletter](#) for exclusive offers, updates, and first dibs on new recipes

Follow along on [TikTok](#) and [Instagram](#) for behind-the-scenes, b-roll beauty, and everyday herbal magic 🌿👁️

📖 Coming Soon: The Botanical Apothecary Ingredient Companion

Your next step in the journey. This expanded eBook will take the ingredients you've just discovered and show you how to use them — with DIY recipes, skincare rituals, seasonal blends, kitchen apothecary basics, and beginner-to-advanced suggestions for every skin type. Whether you're a budding green witch or an experienced herbalist, this will become your go-to grimoire for skin + spirit.

📖 Support small-batch, woman-owned, herbal skincare.

📧 Subscribe at jbhomemade.com to be notified when the companion eBook drops.